

MASSAGE PRICE LIST

For bookings dial +420 226 280 817
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THAI **60 / 90 min.**
Stretch all parts of your body and release the natural energy from within. This famous art was formerly practiced only in Buddhist temples by Thai Masters properly trained to provide the treatment. Traditional Thai massage focuses on pressure points, muscles and tendons. It bends and stretches the spine, removes tension and relaxes joints, instilling a soothing sense of calm throughout the entire body and mind.
990 / 1 390 CZK

BACK SPECIAL **60 min.**
What parts of your body are constantly fighting against bad posture and absorb the stresses of our daily lives? Your back and shoulders, naturally. A special combination of massage techniques employs rejuvenating hot herbal mix packs concentrated on your back. This is followed by acupressure treatment on your back, shoulders, neck and head. After this treatment you will feel invigorated, and will even find relief from chronic backache.
1 390 CZK

FOOT 30 **30 min.**
By stimulating reflex points on the soles of your feet, this treatment raises your body's natural energy level to rebalance your system. This delicate procedure is followed by a stimulating massage using aromatic oils.
500 CZK

FOOTJOY **60 min.**
The reflex points on your feet are the gateway to freedom from aches and pains throughout your entire body. Indulge your feet with acupressure reflexology to achieve a feeling of lightness and vigour. This ancient therapy is followed by a relaxing head, neck and shoulder massage.
900 CZK

PRE-MAMMA **60 min.**
A new life is the greatest gift there is. Let the soft, compassionate, healing hands of our well-trained therapists make it easier for expecting mothers to bring life into this world. A relaxing massage with beneficial effects for the stressed abdominal skin works as a precaution against gravidarum stria and relieves headache and pain in the pelvic area. The procedure is performed with hypo-allergenic products.
1 390 CZK

ZENERGY **90 min.**
Allow us to release the tension in your body and revitalize your spirit. A hot herbal mix will make its way deep into your tissue through the pores of your skin. This is followed by a rejuvenating massage using a blend of exotic oils to increase your stamina. Such herbal compresses were used to soothe the aching muscles of warriors during the Thai-Burmese battles of the Ayutthaya period more than 400 years ago and were considered the secret to their persistent strength. Benefits include the soothing of sore and aching muscles, an easing of respiration using camphor and menthol and the reduction of tension through the heat and soothing properties of lemongrass.
1 690 CZK

ZENSATION **60 / 90 min.**
How often during our busy days do we use the primal senses nature provided us with? Accept the healing force of tropical essence and the touch of gentle fingers to calm your body and to set your senses free. Choose one of the three aromatherapy Zensations:
1) a calming massage using a blend of aromatic oils of lotus flower and Chinese peony to achieve a state of harmony.
2) a stimulating massage using a blend of aromatic oils of sweet orange and cedar to ease tension and pain in muscles and recover vitality
3) a slimming massage using a blend of aromatic oils of red pepper and orange to help rid the body of toxic substances and form your figure.
1 490 / 1 690 CZK

BALI COCONUT **60 min.**
Unblocking the back brings relief for the entire body. Combined with the scents of the exotic Orient, a traditional Bali coconut massage will help you eliminate back pain, while the fresh fragrance of coconut oil will linger on your skin and continue to soothe you.
1 390 CZK

ZEN RELAX **30 min.**
Why should unnecessary tension and stress keep us from living every day the way we want to? It takes just a little effort to prevent this from happening. A special combination of massage techniques concentrating on the back, shoulders, neck and head using spearmint balm will help you live the way you deserve.
690 CZK

THIRD EYE - AJURVÉDA **60 min.**
Open up your sixth chakra, your center of vitality. Let heated oil wash you with a deep sense of peace from your forehead to your shoulders. Look through your third eye into a world of wisdom and imagination, while the lower part of your neck is filled with energy from the hands of our therapists. Stemming from India, Nepal, Sri Lanka, Thailand and other places in Asia, the Art of Ayurveda. It will lift your mood, reduce stress and help with both memory and sleep.
1 690 CZK

ZEN SILHOUETTE **90 min.**
The spiritual and physical beauty within each one of us accompanies us throughout our entire life journey. Allow Zen Silhouette to provide a helping hand. Fine body peeling removes dead keratin cells and prepares the skin for a slenderizing wrap containing pure natural ginger extract to improve body circulation and clean the body of toxic materials. This is followed by an aromatherapy massage containing a mixture of pepper and cinnamon oils to help in the decomposition of subcutaneous fat. Zen Silhouette will assist you in fighting cellulite, and facilitate body forming and healthy skin. Suitable as a series of repeated procedures.
1 790 CZK

FACELEBRATION **30 min.**
Using a Japanese ritual dedicated to your face, a subtle pressure massage will leave your skin stronger and softer. Deep cleansing of the skin helps smoothe wrinkles on the forehead and around the nose, lips and eyes, while a special formula of natural oils and cream acts as a nutritious film.
590 CZK